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Name: \_\_\_\_\_

You are scheduled for a consultation and **Upper Endoscopy or EGD** with possible biopsy and/or polypectomy on \_\_\_\_\_ at \_\_\_\_\_. Please arrive at the hospital or surgery center no later than: \_\_\_\_\_. Your procedure is scheduled at:

\_\_\_\_\_ **South Hills Endoscopy Center.** Report to the reception desk in the main lobby in the front of the building. Parking is free.

\_\_\_\_\_ **Mercy Hospital.** Report to the Endoscopy and Special Procedures Unit located on the second floor of Mercy Tower. Reduced parking is available in the hospital lot.

\_\_\_\_\_ **St. Clair Memorial Hospital.** Report to the Dunlap Family Center located on the sixth floor. A van service is available in a limited area around the hospital. Call transportation services through the hospital operator (412-561-4900) to make arrangements.

\_\_\_\_\_ **Spartan Surgicenter.** Report to the reception desk located on the ground floor of the Spartan Surgicenter Building. Parking is free.

\_\_\_\_\_ **Penn Highlands Mon Valley.** Report to same day surgery on first floor.

\_\_\_\_\_ **Waterfront Surgery Center.** Report to the reception desk in the main lobby.

\_\_\_\_\_ **McCandless Endoscopy Center.** Report to the reception desk in the main lobby in the back of the building.

**Please call 48 hours in advance**  
**if you are unable to keep your appointment**

- Since you will be sedated for this exam, **you CANNOT drive** or operate machinery for 12-24 hours following the test. **You must be accompanied by a companion and make arrangements for transportation** or you will not be given the sedation.
- It is very important that you strictly follow the instruction:
- **As Soon As You Get This Instruction:**
  - Check your medication and make necessary adjustments if you take blood thinners or diabetic drugs (see below).
  - Make arrangements for transportation since you are not allowed to drive due to sedation.
- **In the Evening Before the Procedure:**
  - Do not have anything to eat or drink after midnight.
- **On the Day Of the Procedure:**
  - Nothing to eat or drink before procedure (no candy, cough drops, gum, chewing tobacco or snuff). The exception is your necessary medications (heart, blood pressure, seizure, anxiety, etc) with a small sip of water.
  - Bring your completed history form and current list of medication.
- **Medication Concerns:**
  - If you take **BLOOD THINNERS** like **warfarin (Coumadin)**, apixaban (**Eliquis**), rivaroxaban (**Xarelto**), or others, you will need to contact your prescribing doctor to ask if you can hold this medication prior to your procedure. In general, Coumadin needs to be held for 5 days (need to make arrangements to have clotting tests (PT/INR) done prior to your procedure. This can be done the day before your test), Eliquis 2 days, and Xarelto 2 days. Baby aspirin does not need to be held.
  - If you are diabetic and require **insulin** or **diabetic medicine**, your dose may need to be adjusted because of the dietary changes associated with this test. You will need to contact your doctor that orders your medications for directions.
  - If you take certain injections for diabetes or weight loss such as semaglutide (**Ozempic, Wegovy**), tirzepatide (**Mounjaro, Zepbound**), or dulaglutide (**Trulicity**), you will need to hold dose 7 days prior to your exam (you will need to contact your prescribing doctor if you can hold it).